



# HEALTHY CORNER

**Standard Level:** (1) Protein, (2) Sides - \$20.05/pp

**Mid Level:** (1) Protein, (3) Sides - \$25.05/pp

**Executive Level:** (2) Proteins, (4) Sides - \$30.05/pp

**Add Dessert for \$3.75**

**Minimum 25 orders**

## Chicken **Menu**

### MAIN

#### 1. ORIGINAL **NF GF DF**

grilled chicken breast with chimichurri on the side

#### 2. LEBANESE CHICKEN

marinated with garlic & yogurt **GF**

with hummus on the side

#### 3. CHICKEN BRUSCHETTA **NF GF DF**

with basil, tomato, garlic and white balsamic vinegar

#### 4. GRILLED CHICKEN

with wild mushroom medley **NF GF DF**

# Beef Menu

## MAIN

### 1. ROAST BEEF NF DF

with mushroom sauce

### 2. SKIRT STEAK NF DF

with soy sauce and chimichurri

### 3. CHIPOTLE STEAK NF GF DF

with roasted onions, tomato, garlic, and jalapeno

# Salmon Menu

## MAIN

### 1. TERIYAKI SALMON NF DF

with toasted sesame seeds

### 2. ORANGE GLAZED SALMON NF GF DF

### 3. CEDAR PLANK SALMON NF GF DF

### 4. GRILLED SALMON NF GF DF

with chives, parsley and lemon

# Vegetarian Menu

## MAIN

NF GF DF 🌱

### 1. STUFFED PEPPERS

rice, lentils, quinoa, spinach, butternut squash

### 2. GRILLED ZUCCHINI BOATS

with caponata, potato, quinoa

### 3. PORTOBELLO, SWEET POTATO & GRILLED TOFU

## SIDES & SALAD

NF GF DF 🌱

### CAULIFLOWER PILAF

### RICE PILAF

carrots, peas, peppers, onions, tomatoes, garlic, parsley

### QUINOA RATATOUILLE

peppers, tomatoes, onion, garlic, zucchini

### ROASTED LEMON POTATOES

### GRILLED SEASONAL VEGETABLES

### STEAMED SEASONAL VEGETABLES

### ROASTED SWEET POTATOES AND YUKON GOLD WITH CAJUN

### SALAD

Choose one (1) from our list

Add an extra salad (1): + \$2.05

(FOR HOT FOOD ORDER ONLY)

