

HEALTHY CORNER

Standard Level: (1) Protein, (2) Sides - \$20.05/pp

Mid Level: (1) Protein, (3) Sides - \$25.05/pp

Executive Level: (2) Proteins, (4) Sides - \$30.05/pp

Add Dessert for \$3.75

Minimum 25 orders

Chicken Menu MAIN

1.ORIGINAL ND GF OF

grilled chicken breast with chimichurri on the side

2.LEBANESE CHICKEN

marinated withgarlic & yogurt GF with hummus on the side

3.CHICKEN BRUSCHETTA NF GF DF

with basil, tomato, garlic and white balsamic vinegar

4.GRILLED CHICKEN

with wild mushroom medley NF GF DF



Beef Menu MAIN

1.ROAST BEEF ID OF

with mushroom sauce

2.SKIRT STEAK (IF OF

with soy sauce and chimichurri

3.CHIPOTLE STEAK (I) GF (I) with roasted onions, tomato, garlic, and jalapeno

Salmon Menu **MAIN**

1.TERIYAKI SALMON (NF OF

with toasted sesame seeds

2.ORANGE GLAZED SALMON OF GP OF 3.CEDAR PLANK SALMON (F) (F) (F)

4.GRILLED SALMON NO GO OF

with chives, parsley and lemon

Vegetarian Menu

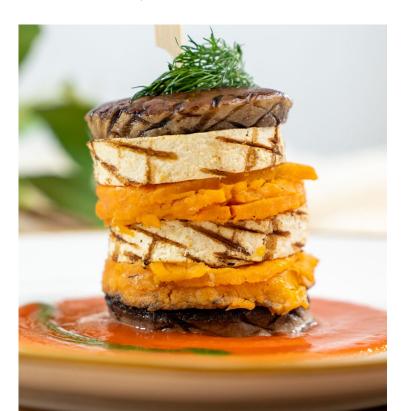
1.STUFFED PEPPERS

rice, lentils, quinoa, spinach, butternut squash

2.GRILLED ZUCCHINI BOATS

with caponata, potato, quinoa

3. PORTOBELLO, SWEET POTATO & GRILLED TOFU



SIDES & SALAD NF GF DF 🕪

CAULIFLOWER PILAF

RICE PILAF

carrots, peas, peppers, onions, tomatoes, garlic, parsley

QUINOA RATATOUILLE

peppers, tomatoes, onion, garlic, zucchini

ROASTED LEMON POTATOES

GRILLED SEASONAL VEGETABLES

STEAMED SEASONAL VEGETABLES

ROASTED SWEET POTATOES AND YUKON GOLD WITH CAJUN

SALAD

Choose one (1) from our list Add an extra salad (1): + \$2.05

(FOR HOT FOOD ORDER ONLY)

